



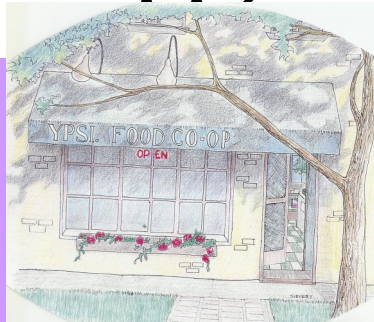
YPSI MIX

April 2019

312 N. River Street, Ypsilanti, MI 48198

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Happy birthday YFC!



When moving to Ypsilanti, proximity to organic, plant-based food sources was high

on my priority list. After searching for what seemed like an eternity, I found a beautiful apartment in the heart of Depot Town, just steps away from the Ypsi Food Co-op. Living near a local market with healthy and sustainable food options has been the greatest gift I could have asked for. Not only does the Co-op carry a variety of amazing products, but they create a sense of community, connecting people through food, health and sustainability.

After a year of frequenting my favorite marketplace, an opening on the board and some friendly encouragement compelled me to apply. Once appointed, and later elected, I began delving deeper into the origins of cooperative businesses and their roles in modern society. Cooperatives originated in 1844 as a way to fight for lower priced goods and protect their food systems from

contamination. "As the Pioneers made progress, a coherent philosophy emerged... When members exchanged money over the counter for cooperative goods, an empire was born, an empire meant to equalize, not to exploit." As modern day markets begin to resemble mini malls rather than grocery stores, and organic brands are being bought out by large cooperations, it's more important than ever to know where our products come from and what we are contributing to as consumers.

With Earth Day around the corner, it's a great time to take advantage of our local resources to be more conscious consumers. At the Ypsi Food Co-op bulk bins, sustainable products, and reusable bags are great ways to reduce your carbon footprint while having a blast shopping for your favorite products. Goods range from local produce, shelf stable foods from Michigan based companies, natural skin care products, and honey from our very own Honey Bee Alley. The YFC employees are excited and passionate to share their knowledge of sustainable goods and practices with our community.
~Tessa Sarapo, YFC Board of Director member

April Events

Mandatory info session for Board candidates

April 6th at 3pm

"What does being on the board entail?"

Deadline for Board Applications
Wed April 10th at 5 pm

Earth Day Celebration at
Washtenaw Community College
Thursday, April 11
10 am to 1 pm

YFC's 44th Birthday!

Thursday, April 11th through
Sunday, April 14th

Come in and celebrate with the
YFC staff and enter to win a
\$44.00 gift card!

Easter Sunday!

Sunday, April 21st

We are open 9 am to 3 pm

Have a wonderful Easter!

Earth Day!

Monday, April 22nd

plant some trees or clean up your
local neighborhoods.

Orientation

April 25th at 6pm

Join us to learn more about your
local co-op.

Board Meeting

April 30th at 6:30—8:30 pm



YOU GOT US THIS FAR...
LET'S TAKE IT TO THE NEXT LEVEL

**BEST
OF**
Washtenaw
Note for us! **LOG ON TO:**
ECURRENT.COM

The Ypsilanti Food Co-op proudly and graciously won your vote last year for the 2018 ECurrent Best of Washtenaw County for Natural Food Store. We are up for 3 categories this year including Best Natural Food Store under shopping as well as under drinking and dining: Natural Food Store and Best Local Grocery. It's that time of year again to cast your votes

For 2019!

Please consider voting for us at:
<https://www.ecurrent.com/best-of-2019/#/gallery?group=308698>
THANK YOU!!

Earth Day!

Almost 49 years ago on April 22, 1970 the first Earth Day was held and millions of people took to the streets to protest the current state of our planet. At this time in our history, many businesses were thriving at the expense of the environment and the people living in those areas. Pesticides, industrial waste, smog and other pollutants were threatening our soil, water and air. Why did people start to take notice of this at this time? Dramatic events like the Cuyahoga River Fire of 1969 (This River in Cleveland Ohio was so polluted that some sparks ignited the oils pooled on the River's surface) really started to ignite the public's concerns about what we were doing to our planet. We have come a long way from those days, but must still be vigilant and put some effort towards picking up our neighborhoods and local parks to keep them clean for future generations.



Easter is Hopping your Way

Easter is coming, and so are all the sweet treats from the YFC bakery! This year we have Carrot cakes, Carrot Cakes, Lemon Cheesecakes, Coconut Cakes & cupcakes, Lemon bars & Easter decorated cookies! We will have order form soon, so watch out for them in the store!

In our Sweets aisle we have malted eggs and chocolate carrots. Make sure you hop on over to check those out!



We will have lilies and flowers!
 The co-op will be open from 9am to 3 pm
 on Easter Sunday!

General Manager and editor:

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Special Thanks to:

Our Board and all the staff, volunteers and members!